

## Emergency Supplies

Water, food, and clean air are important things to have if an emergency happens. Each family or individual's kit should be customized to meet specific needs, such as medications and infant formula. It should also be customized to include important family documents.

### Recommended Supplies to Include in a Basic Kit:

- ✓ **Water** one gallon per person per day, for drinking and sanitation
- ✓ **Non-perishable Food** at least a three-day supply
- ✓ Battery-powered or hand crank **radio** and a **NOAA Weather Radio** with tone alert and **extra batteries** for both
- ✓ **Flashlight** and **extra batteries**
- ✓ **First Aid kit**
- ✓ **Whistle** to signal for help
- ✓ **Filter mask** or cotton t-shirt, to help filter the air
- ✓ **Moist towelettes, garbage bags** and **plastic ties** for personal sanitation
- ✓ **Wrench** or **pliers** to turn off utilities
- ✓ **Manual can opener** if kit contains canned food
- ✓ **Plastic sheeting** and **duct tape** to shelter-in-place
- ✓ **Important Family Documents**
- ✓ **Items for unique family needs**, such as daily prescription medications, infant formula or diapers
- ✓ **Cell phone and chargers**



If you live in a cold weather climate, you must think about warmth. It is possible that the power will be out and you will not have heat. Rethink your clothing and bedding supplies to account for growing children and other family changes. One complete change of warm clothing and shoes per person, including: important family documents.

### Clothing and Bedding:

- ✓ A **jacket** or **coat**
- ✓ **Long pants**
- ✓ A **long sleeve shirt**
- ✓ **Sturdy shoes**
- ✓ A **hat** and **gloves**
- ✓ A **sleeping bag** or **warm blanket** for each person

(continued)

Below are some other items for your family to consider adding to its supply kit.

**Some of these items, especially those marked with a \* can be dangerous,** so please have an adult collect these supplies.

- ✓ Emergency reference material such as a first aid book or a print out of the information on **www.ready.gov**
- ✓ Rain gear
- ✓ Mess Kits, paper cups, plates and plastic utensils
- ✓ Cash or traveler's checks, change
- ✓ Paper towels
- ✓ Fire Extinguisher
- ✓ Tent
- ✓ Compass
- ✓ Matches in a waterproof container \*
- ✓ Signal flare\*
- ✓ Paper, pencil
- ✓ Personal hygiene items including feminine supplies
- ✓ Disinfectant \*
- ✓ Household chlorine bleach \* - You can use bleach as a disinfectant (diluted nine parts water to one part bleach), or in an emergency you can also use it to treat water. Use 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- ✓ Medicine dropper
- ✓ Important Family Documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.

