

SHIFT SHEET

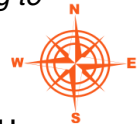
SHIFTING Your Priority GEARS

shifting norms



"Exercising adaptive leadership is at its heart about giving meaning to your life beyond your own ambition. Having purpose provides the focus for that meaning. But effectuating that meaning, putting it into practice, bringing it to life, requires two difficult diagnostic steps. First, since most people have multiple important purposes, clarifying your priorities among them is essential in giving you the focus this work requires. Clarifying your priorities means subordinating some of your highly valued purposes to others, at least for a while, and that is not an easy thing to do."

- The Practice of Adaptive Leadership



Given all the possible purposes you have (professional, financial and family success, challenging the status quo and so on) This SHIFT SHEET will take you through a process of prioritizing and analysis.

- On a scrap of paper, make a list of the ten purposes to which you feel most connected.
- Once you have that list, use the space below to rewrite the ten in the order of most important.
- Take a look at the top 5 and bottom 5 of your list. What do you see?
- Write a P next to those you have done proactively, and an R next to the ones you have done reactively in the last three weeks. What do you notice?
- Write a few things you could do for each purpose that you have been unable or unwilling to do before. Look at the data gathered and write down what you are willing to do over the next month.

Rank in order of importance your

Purposes

1

2

3

4

5

6

7

8

9

10

ACTION

Write a few things you could do for each purpose that you have been unable or unwilling to do before. Look at the data gathered and write down what you are willing to do over the next month.

