

**Routines Monitoring Form**

**Key**

- |    |                 |
|----|-----------------|
| +  | independent     |
| √+ | indirect prompt |
| √  | direct prompt   |
| 0  | total/full help |

Name: \_\_\_\_\_ Routine: Meal Planning

Objective & criteria: \_\_\_\_\_

**List the relevant/ critical features to vary across instructional opportunities:**

A. Stove                      D. Main Dish                      G. 5-9 Ingredients recipe

B. Microwave                  E. Side Dish                      H. \_\_\_\_\_

C. Oven                          F. 4 ingredients Recipe              I. \_\_\_\_\_

Steps	Date																			
8. Lists size, brand, quantities of items																				
7. Categorizes list to store layout																				
6. Estimates cost of items on shopping list																				
5. Completes shopping list																				
4. Checks pantry/fridge for ingredients																				
3. Considers cost and preparation time																				
2. Plans a Balanced Meal																				
1. Chooses meal based on food pyramid and five food groups																				
<b>Completion time</b>																				
<b>Staff initials</b>																				
<b>Features included</b>																				

**Add up the number of steps performed successfully and graph that number each time the routine is taught.**