

Resources -- Pre-Employment Transition Skills (Pre-ETS)

Job Exploration and Counseling

Life Skills	Resource Room
1. Histogram – Career Family Tree http://triwou.org/projects/tcn/topicspage/854 http://vacareerview.org/	
Name of Activity: Histogram – Career Family Tree Review/Summary: A histogram or career family tree is a hands on activity that gives students an opportunity to reflect on the career or occupational choices made by family members and how it may influence their career choices. The idea is to have students identify the careers or occupations of each of their immediate and extended family members then reflect on those choices asking themselves questions such as: Would I like to do that job? Why or Why Not? Is there a pattern? What might I like about that job? Dislike? A Google Search for “career family tree” will net lots of templates and examples.	
2. Career Jeopardy Game Name of Activity: Career Jeopardy Game http://pages.minot.k12.nd.us/votech/File/Jeopardy.htm A template for making your own game: http://pages.minot.k12.nd.us/votech/Jeopardy/games/Education.ppt	
Review/Summary: This is a great activity for those days where students need a more relaxed interactive activity. Students enjoy the game as they learn about different career options. It is played just like Jeopardy on television only the categories correspond to training required. Teachers can adapt this activity by teaching each of the occupations in the game first or downloading the PPP and adding visuals. At the bottom of the page you will find several elementary level games which include careers suitable to most any age. The language is simpler on these games.	
3. Career Interest Survey https://www.trainoregon.org/trainoregon/career-assessment http://www.capregboces.org/RSE-TASC/PDFs/PictureCareerInterest_Inventory.pdf https://www.cves.org/wp-content/uploads/2015/08/Pictoral_Interest_Inventor_y_template_SHEN.pdf	3. Career Interest Inventory https://www.mynextmove.org/ https://www.trainoregon.org/trainoregon/career-assessment https://oregoncis.uoregon.edu This system is Oregon based and designed for use in schools and has other features useful for the teacher. Vocational Rehabilitation Offices throughout Oregon use this system. There is a small subscription fee for this site though many schools in Oregon already have it.

	<p>If you want to know if your school has a subscription or if you want to request training you can contact:</p> <p>Laura McCoid at: lmccoid@uoregon.edu</p>
<p>Review/Summary: Career Interest Inventories allow students to explore careers based on a survey of their interests.</p>	
<p>4. Sprout Films: Employment Theme</p> <p>http://sproutflix.org/browse/theme-employment/</p>	<p>4. Project Access</p> <p>http://projectaccess.uoregon.edu/</p>
<p>Review/Summary: Sproutflix hosts the largest and most diverse assortment of films featuring people with I/DD on the marketplace. The collection is made up of feature length documentaries and narratives as well as short films, animations and music videos.</p>	<p>Review/Summary: This curriculum contains 287 lesson plans with a “Crosswalk” that aligns each of the 5 Pre-ETS with a lesson.</p>
	<p>5. Where are You Going?</p> <p>https://www.lblesd.k12.or.us/TTAN-transition-resources/Curriculum/</p>

Work Based Learning Resources

<p>1. How to Guide for Job Shadows_</p> <p>http://www.newwaystowork.org/qwbl/tools/kcktoolkit/Guides/How_To_Guide_Job_Shadows.PDF</p> <p>Review/Summary: How-to Guide for Job Shadows is a step-by-step guide to developing job shadows for individuals and groups of students that interest and benefit students, workplace partners and teachers</p>
<p>2. Child Labor Law Summary - Oregon Bureau of Child Labor Laws_</p> <p>http://www.oregon.gov/boli/WHD/CLU/docs/childlaborlawsummary.pdf</p> <p>Interns and Trainees Guidance for Employers_</p> <p>http://www.oregon.gov/boli/TA/pages/t_faq_interns.aspx</p> <p>Review/Summary: Bureau of Labor and Industries is to protect employment rights, advance employment opportunities free from discrimination. These documents provide more information regarding child labor laws and internship rules and employer responsibilities.</p>
<p>3. Eastern Oregon Regional Job Club Materials_</p> <p>https://drive.google.com/drive/folders/0BxMQPWFVhccxZng5T0JmeTBpbUE</p> <p>Review/Summary: This file will provide information, tools, and resources needed to develop a regional job club. There are helpful documents to help students explore and evaluate community work sites. Information to engage community partners and employers are included.</p>

4. Career and Technical Education

<http://www.oregon.gov/ode/learning-options/CTE/Pages/default.aspx>

Review/Summary: is a planned program of courses and learning experiences that begins with exploration of career options, supports basic academic and life skills, and enables achievement of high academic standards, leadership, options for high skill, high wage employment preparation, and advanced and continuing education. This website share more information and content regarding Oregon's secondary CTE programs.

5. Implementation of a Work-Based Learning Model

http://www.themanufacturinginstitute.org/~media/368372F6DA5946B095B1D0EBF8B88760/Implementation_of_a_Work-Based_Learning_Model.pdf

Review/Summary: This working guide from Ohio provides an overview and benefits of work based learning opportunities. The guide includes a Job Shadow Checklist, example of a parent release form, assessments of student job shadowing participation, and useful tools and activities for students.

Post-Secondary Counseling

Life Skills	Resource Room
1. Going to College http://www.going-to-college.org/ This Web site contains information about living college life with a disability. It's designed for high school students and provides video clips, activities and additional resources that can help you get a head start in planning for college.	
2. College vs High School https://www.wcupa.edu/forms/search/default.aspx?search=differences+between+hs+and+college This website shows a comprehensive list between the differences between expectations in college vs expectations in high school. (Tip: use google images search for a variety of visual ideas around this topic)	
3. Think College https://thinkcollege.net/ Think College is a comprehensive website that explores college options for students with intellectual disabilities. Think College website includes a college search, resource library, training and webinars, and technical assistance.	2. Disability 411 http://www.ncwd-youth.info/411-on-disability-disclosure Unit 6: Postsecondary Disclosure - This unit clearly answers five specific disclosure questions: Why, when, what, to whom, and how to disclose a disability in postsecondary settings. Terminology provided in this unit will help you better understand these questions. We strongly suggest that you read the discussion focusing on "why to disclose" on page 6-3.

4. Postsecondary Education

<http://www.pacer.org/transition/learning-center/postsecondary/>

Postsecondary education can open doors of possibilities for youth with disabilities. Learn about the differences between accessing accommodations in high school and college, as well as other important post-secondary information such as preparing for post-secondary education, selecting the right program, campus life, financial aid and knowing your rights. Share these short videos and printable resources with students, families, teachers, and guidance counselors.

5. College planning for students with disabilities

<https://oregonstudentaid.gov/finaid-student-disabilities-planning.aspx>

This website reviews accommodations rights and responsibilities for students in college. The website also explores tips for finding a college that will meet student needs and tips for the transition from high school to college.

Workplace Readiness

Life Skills	Resource Room
1. Skills that Pay the Bills https://www.dol.gov/odep/topics/youth/softskills/softskills.pdf	1. Skills to Pay the Bills Videos https://www.dol.gov/odep/topics/youth/softskills/SoftSkills-videos.htm
Review/Summary: Curriculum developed by ODEP focused on teaching "soft" or workforce readiness skills to youth, including youth with disabilities. Created for youth development professionals as an introduction to workplace interpersonal and professional skills, the curriculum is targeted for youth ages 14 to 21 in both in-school and out-of-school environments.	Review/Summary: Curriculum and supporting videos developed by ODEP focused on teaching "soft" or workforce readiness skills to youth, including youth with disabilities. Created for youth development professionals as an introduction to workplace interpersonal and professional skills, the curriculum is targeted for youth ages 14-21 in both in-school and out-of-school environments.
2. Keeping A Job http://www.pacer.org/transition/learning-center/employment/keeping-a-job.asp	2. Project ACCESS: Career Options-Student Interview http://projectaccess.uoregon.edu/teachers/selfawareness/careeroptions/
Review/Summary: This website provides sample videos and examples of workplace readiness for getting and keeping a job.	Review/Summary: This interview form can be used when a student is interviewing a neighbor, family member, or relative who is working in the community. Students also have an opportunity to create specific questions for the interview.
3. Person Centered Planning- One Page Profile	

<http://helensandersonassociates.co.uk/person-centred-practice/one-page-profiles/one-page-profile-templates/>

Review/Summary: A One Page Profile captures all the important information about a person on a single sheet of paper under three simple headings: what people appreciate about me, what's important to me and how best to support a student in a worksite.

4. Social Behavior Mapping

<https://jillkuzma.files.wordpress.com/2008/09/social-behavior-map-expected.pdf>

<https://jillkuzma.files.wordpress.com/2008/09/social-behavior-map-unexpected.pdf>

Review/Summary: Visual flowchart that is used to “map” the consequences of any situation- this is a great tool to use in situations with students on the job.

5. Name of Activity: Planning My Way to Work

http://ocdd.org/index.php/ocdd/employment/category/planning_my_way_to_work_transition_guide/

<https://lblead.k12.or.us/TTAN-transition-resources/Webpage/>

Review/Summary: This transition resource book is a helpful tool for students and families when exploring work readiness and adult service supports. This companion tool is a fillable document that the student's transition team can use to support a student from school to employment.

Self-Advocacy

Life Skills	Resource Room
1. ME! Lessons for Teaching Self-Awareness & Self-Advocacy http://www.ou.edu/education/centers-and-partnerships/zarrow/transition-education-materials/me-lessons-for-teaching-self-awareness-and-self-advocacy.html	
Review/Summary: Units range from IEP awareness to communication and advocacy. Can be used in High School and beyond. Scripted lesson plans as well as Spanish versions of handouts for students. Ability to modify to fit a variety of students. Useful portfolio developed throughout. Connected to Common Core State Standards. FREE!	
2. Learn about Self-Advocacy: Speaking Up! http://www.parentcenterhub.org/learn-about-self-advocacy-speaking-up/	2. Back to the YouthHood https://www.youthhood.org/
Review/Summary: Informational video with ability to stop and respond to the questions. Adaptable to accommodate appropriate levels	Review/Summary: Interactive online program including journal writing, activities folder, goal setting with life map, class

of communication needs. Can be used in High School and beyond.	notebook and a youthhood poll with printable results at completion.
3. In the Driver's Seat: Six Workshops to Help with Transition Planning and Self-Advocacy http://www.parentcenterhub.org/in-the-drivers-seat-six-workshops-to-help-with-transition-planning-and-self-advocacy/	
Review/Summary: During the workshops, youth experience hands-on learning that helps them achieve adult, life goals. With encouragement and support, young adults identify their skills, interests, and needs, and work toward improving their ability to self advocate. FREE!	
4. It's My Choice/Moving Students Forward https://movingstudentsforward.org/its-my-choice-workbook-from-mn-governors-council-on-developmental-disabilities/	4. Dude Where's My Transition Plan? http://www.parentcenterhub.org/dude-wheres-my-transition-plan/
Review/Summary: Downloadable workbook that helps with self-advocacy and transition planning for students with significant disabilities. It's a useful tool for many including those with less significant disabilities.	Review/Summary: Fillable Transition plan guide. Includes resources for frequently asked questions.
5. Stories from Self-Advocates https://selfadvocatenet.com/self-advocate-story/	5. Speak Up! Using What You've Got to Get What You Want https://engage.youth.gov/federal-link/speak-using-what-youve-got-get-what-you-want
Review/Summary: This tool helps you learn how to speak up and advocate for yourself. With this tool, you can map out personal goals, learn about your rights and responsibilities, learn the best way to ask for help, and get organized.	Review/Summary: variety of self-advocate videos telling their stories. Use as discussion starters and lesson content per teacher discretion.



Ask your TNF and/or your Pre-Employment Transition Coordinator for ideas and help on how to incorporate these ideas into your classrooms.